

**ROCHESTER COMMON COURSE OUTLINE** 

## Course discipline/number/title: FYEX 1000: College Success Strategies

## CATALOG DESCRIPTION A.

- 1. Credits: 1
- 2. Hours/Week: 1
- 3. Prerequisites (Course discipline/number): None
- 4. Other requirements:
- 5. MnTC Goals (if any): NA
- Β. COURSE DESCRIPTION: This course introduces proven strategies to help students create greater success in college. It provides an active environment for students to identify and engage in choices that promote successful academic and career decision making. Students will also explore campus resources, learning preferences, and active learning strategies.
- C. DATE LAST REVISED (Month, year): March, 2024

## D. OUTLINE OF MAJOR CONTENT AREAS:

- 1. Successful Community College Experience
  - a) Awareness of college resources for academic success
  - b) Appreciation of diversity in the college community
  - c) Familiarity with non-academic student support
- 2. Qualities of Successful Students
  - a) Personal responsibility
  - b) Interdependence
  - c) Self-motivation
  - d) Time management
  - e) Understanding stress and emotional intelligence
- 3. Academic and career planning
  - a) Academic planning and goal setting
  - b) Career or job research and planning
- E. LEARNING OUTCOMES (GENERAL): The student will be able to:
  - 1. Evaluate strengths and weaknesses as a successful student.
  - 2. Create a short-term academic and long-term career plan.
  - 3. Identify available campus resources.
  - 4. Demonstrate the qualities of personal responsibility inside the classroom.
  - 5. Discover learning preferences and active learning strategies.
- F. LEARNING OUTCOMES (MNTC): NA
- G. METHODS FOR EVALUATION OF STUDENT LEARNING: Methods may include but are not limited to:
  - 1. Reflective writing assignments
  - 2. Quizzes
  - 3. Participation in class sessions
- RCTC CORE OUTCOME(S). This course contributes to meeting the following RCTC Core Outcome(s): Η. Critical Thinking. Students will think systematically and explore information thoroughly before accepting or formulating a position or conclusion.

Personal and Professional Accountability. Students will take responsibility as active learners for achieving their educational and personal goals.

١. SPECIAL INFORMATION (if any): None