

Course discipline/number/title: HS 1560: Chemical Health Theory

A. CATALOG DESCRIPTION

1. Credits: 3
2. Hours/Week: 3
3. Prerequisites (Course discipline/number): None
4. Other requirements: None
5. MnTC Goals (if any): NA

B. COURSE DESCRIPTION: This course provides an overview of chemical health, the addiction process, and the effects of addiction on individuals, families, and communities. The causal theories, methods of treatment, and recovery process are presented to provide students with working knowledge of the addiction field.

C. DATE LAST REVISED (Month, year): December, 2023

D. OUTLINE OF MAJOR CONTENT AREAS:

1. Casual theories of chemical use, abuse, and addiction
2. Categories of psychoactive drugs
3. Signs and symptoms of addiction
4. Impact of addiction on social systems
5. Methods of diagnosis and treatment

E. LEARNING OUTCOMES (GENERAL): The student will be able to:

1. Define chemical health, drug use, abuse, and dependency.
2. Recognize chemical use and abuse patterns.
3. Summarize the causal theories of addiction.
4. Categorize the major psychoactive drugs of abuse.
5. List addictive signs and symptoms.
6. Identify the effects of addiction on the individual.
7. Explain the impact of addiction on the family and community.
8. Recognize the social and legal impact of addiction.
9. Recall the methods of diagnosing and assessing addiction patterns.
10. Identify treatment modalities.

F. LEARNING OUTCOMES (MNTC): NA

G. METHODS FOR EVALUATION OF STUDENT LEARNING: Methods may include but are not limited to:

1. Tests
2. Case studies
3. Research papers

H. RCTC CORE OUTCOME(S). This course contributes to meeting the following RCTC Core Outcome(s): Critical Thinking. Students will think systematically and explore information thoroughly before accepting or formulating a position or conclusion.

I. SPECIAL INFORMATION (if any): None