

Course discipline/number/title: HS 1783: At-Risk Children, Youth, and Their Families

- A. CATALOG DESCRIPTION
1. Credits: 3
  2. Hours/Week: 3
  3. Prerequisites (Course discipline/number): None
  4. Other requirements: None
  5. MnTC Goals (if any): NA
- B. COURSE DESCRIPTION: This course explores biological, psychological, social, ecological, and cultural issues impacting at risk children, youth, and their families. This course also explores human development and counseling theories as it relates to resiliency, peer influence, poverty, mental illness, addiction, disabilities, academic success, and transition to adulthood. Lastly, this course looks at risk/protective factors, resources, prevention strategies, and therapy options for this population. College level reading and writing is needed for this class.
- C. DATE LAST REVISED (Month, year): May, 2021
- D. OUTLINE OF MAJOR CONTENT AREAS:
1. Definitions of at-risk and transitional youth/children
  2. Child and adolescent human development
  3. Substance use, co-occurring disorders, and mental health.
  4. Legal and ethical issues
  5. Prevention strategies
  6. Intervention techniques and skills
  7. Treatment and therapy options
  8. Transition, life, and treatment plans
  9. Screening and assessment
- E. LEARNING OUTCOMES (GENERAL): The student will be able to:
1. Define at-risk and transitional youth and children.
  2. Examine ecological, cultural, and system factors influencing transitional, at-risk children, youth, and their families.
  3. Recognize common human development theories.
  4. Identify biological, cognitive and emotional child and adolescent human development concepts.
  5. Evaluate substance use, co-occurring, mental health, and wellness issues applicable to children, at-risk, transitional youth, and or their families.
  6. Demonstrate counseling theory, intervention and prevention skills.
  7. Create treatment, transition or life plans.
  8. Explore common chemical dependency, mental health, and wellness screening/assessment tools.
  9. Examine legal and ethical issues affecting at-risk populations.
- F. LEARNING OUTCOMES (MNTC): NA
- G. METHODS FOR EVALUATION OF STUDENT LEARNING: Methods may include but are not limited to:
1. Papers
  2. Documentation
  3. Quizzes and exams
  4. Group activities
  5. Interpersonal counseling interviews
  6. Presentations
  7. Case studies
  8. Projects
- H. RCTC CORE OUTCOME(S): This course contributes to the following RCTC Core Outcome(s): Communication. Students will communicate appropriately for their respective audiences.

I. SPECIAL INFORMATION (if any): None