Course discipline/number/title: PHED 1111: Archery

A.   CATALOG DESCRIPTION
1. Credits: 1
2. Hours/Week: 2
3. Prerequisites (Course discipline/number): None
4. MnTC Goals (if any): NA

This course is designed to teach students the basic fundamental skills and safety components of this sport. Other elements explored include the history of archery, specific terminology and the differences within the field of archery between recreational, competitive and archery used for hunting. This course hopes to expose the student to archery as a lifetime activity.

B.   DATE LAST REVISED (Month, year): April, 2017

C.   OUTLINE OF MAJOR CONTENT AREAS:
1. History of archery and its evolution as a sport.
2. Definitions, terminology, equipment and benefits of archery.
3. Fundamentals of archery safety.
4. Shooting Components.
5. Recreational, Competitive and Hunting elements of archery.

D.   LEARNING OUTCOMES (GENERAL): The student will be able to:
1. Explain how archery has evolved from a historical necessity to a sport, including recreational, competitive and hunting aspects.
2. Identify archery equipment and its purpose, including a variety of bows, arrows, and accessories, their use and care.
3. Demonstrate the proper safety components to using archery equipment pre, during and post shooting: bracing, stance, nocking, bow hold and drawing.
4. Demonstrate proper techniques of archery shooting; anchor point, aiming release and follow through.
5. Develop an appreciation for archery as a lifetime activity.

E.   LEARNING OUTCOMES (MNTC): NA

F.   METHODS FOR EVALUATION OF STUDENT LEARNING:
Methods may include but are not limited to:
1. Attendance/Participation.
2. Practical Skills
3. Written Assignments
4. Final Exam

G.   RCTC CORE OUTCOME(S). This course contributes to meeting the following RCTC Core Outcome(s):
Critical Thinking. Students will think systematically and explore information thoroughly before accepting or formulating a position or conclusion.

H.   SPECIAL INFORMATION (if any): None